

## Healthy mouth. Healthy body.

A guide to family dental resources in North Texas





### A healthy mouth is as easy as:

- 1. Baby teeth DO matter! Visit the dentist by age 1 or when the first tooth comes in around 6 months.
- 2. Brush 2 times a day for 2 minutes (in the morning and at bedtime). Floss 1 time a day once teeth start touching.
- 3. Help your child brush and floss until age 9.
- 4. Eat more fruits and vegetables. Limit sugary foods.
- 5. Drink water when thirsty. Limit juices, sports drinks and sodas.
- 6. Visit the dentist 2 times a year for checkups and cleanings.

# This brochure is a quick and easy way to help families in North Texas find dental resources

## This includes services for those who:

- qualify for government funding or
- have low-income status

# Cook Children's primary service areas include the following counties:



# Dental clinics

- Call to check each clinic's hours, services, fees and find information on how to qualify.
- Basic dental services may include: exams,
   X-rays, cleanings, fluoride treatments, fillings,
   necessary tooth removal and emergency care.

For more information, email us at oralhealth@cookchildrens.org or visit www.healthysmilesforkids.org



## **Clinic accepts:**









#### **Arlington**

#### **Dental Health Arlington**

Follows federal poverty guidelines at or below 200%. Must live in Tarrant County. Bring proof of income and residency.

Adults: \$45 for first visit (X-rays/exam).

Children: \$25 for first visit (X-rays/exam).



817-277-1165 501 West Sanford, Ste. 11 Arlington, TX 76011

#### Mission Arlington/Mission Metroplex Allan Saxe Dental Clinic

Must live in Southeast Tarrant County and new child patients be enrolled in Kennedale ISD, Arlington ISD or Mansfield ISD.



817-277-6620 x3010 210 W. South St. Arlington, TX 76010

#### **Arlington (continued)**

#### **JPS Medical Home Southeast Tarrant**

Must live in Tarrant County. Dental urgent care available. Call for appointment.



817-702-3567 1050 W. Arkansas Ln. Arlington, TX 76013 For financial help call: 817-702-1001

#### **Carrollton**

#### **VCare Medical & Dental Clinic**

Patients must not have insurance. Cost of treatment determined by dental evaluation. Call for appointment.

**Adults and children:** \$40 for first exam and X-ray.



972-245-1200 1445 MacArthur Dr., Ste. 122 Carrollton, TX 75007

#### **Dallas**

#### Texas A&M College of Dentistry

Must come in for a screening exam to determine eligibility. Medicaid/CHIP insurance accepted for children age 14 or younger.

Adults: \$114 registration fee. \$281 initial screening, exam and X-rays (non-refundable). Children: \$5 for screening, other fees vary.



214-828-8981 (Adult appointment line) 214-828-8133 or 214-828-8166 (Child appointment lines) 3000 Gaston Ave. Dallas, TX 75226

#### **Denton**

#### Dental Hygiene Clinic – Texas Woman's University in Denton

Children 3+ and adults. Offers screenings, cleanings, sealants, whitening and X-rays. Free screenings. Other fees may vary. Appointments only.



940-898-2888 1314 N. Bell Ave. Denton, TX 76204

#### First Refuge Dental

Must live in Denton County north of Lake Lewisville. Call to verify income guidelines and to schedule an appointment. Qualifying interview is required. Proof of income, residency and valid ID needed at first appointment.



940-591-8730 1010 N. Elm St., Ste. 106 Denton, TX 76201

#### **Denton (continued)**

## Denton County Public Health – Dental Services

Follows federal poverty guidelines at or below 150%. Accepts Medicaid. Call for appointment and to determine eligibility. **Adults:** Dental extractions.



940-349-2900 535 S. Loop 288 Denton, TX 76205

#### Denton Kiwanis Club Children's Clinic

Must live in northern Denton County.
Free medical, dental (except braces), and prescriptions. Sees children age 18 and under who are not covered by Medicaid or other insurance. Must complete application and show proof of income and residency.
Call for appointment.



940-387-6323 1001 N. Elm St. Denton, TX 76201

#### **Euless**

#### JPS Medical Home Northeast Tarrant

Must live in Tarrant County. Dental urgent care available. Call for appointment.



817-702-3567 3200 W. Euless Blvd. Euless, TX 76040 For financial help call: 817-702-1001

## **Clinic accepts:**









#### **Farmers Branch**

## Prism Health North Texas Dental Care - Farmers Branch (PHNTX)

Sliding fee scale for dental care and dental health education. Proof of income, address, and valid ID are required. Accepts Medicaid. Sees patients of all ages. Call for appointment.



972-241-2259 13551 Dennis Ln. Farmers Branch, TX 75234

#### **Fort Worth (continued)**

#### **Catholic Charities Dental**

Follows federal poverty guidelines at or below 200%. Currently accepting cash, credit and debit cards, money orders. Sees patients of all ages. \$75 fee for first exam, X-rays and consultation.



817-289-3882 or 817-600-1461 249 W. Thornhill Dr. Fort Worth, TX 76115

#### **Fort Worth**

#### **Beautiful Feet Ministries**

Homeless people seen first (bring letter from shelter or scan card), then residents in ZIP codes 76102, 76103, 76104, 76105, 76111 and 76112 with proof of address and all others first come, first served basis. Walk-ins only. Sign-up begins at 8 a.m. Extractions only. Call or visit website for schedule at thefeet.org.

Adults: No fee for service.



817-536-0505 1709 E. Hattie St. Fort Worth, TX 76104

#### **Fort Worth (continued)**

#### Cook Children's Neighborhood Clinic – Medical, Dental

Accepts Medicaid and CHIP. Fee based on income.



817-347-4600 2600 E. Berry St. Fort Worth, TX 76105

#### JPS Diamond Hill Dental

Must live in Tarrant County. Dental urgent care available. Call for appointment.



817-702-3567 3308 Deen Rd. Fort Worth, TX 76106 For financial help call: 817-702-1001

#### JPS Stop Six Dental

Must live in Tarrant County. Dental urgent care available. Call for appointment.



817-702-3567 3301 Stalcup Rd. Fort Worth, TX 76119 For financial help call: 817-702-1001

#### IPS Viola M. Pitts/Como Dental

Must live in Tarrant County. Accepts CIGNA. Dental urgent care available. Call for appointment.



817-702-3567 4701 N. Bryant Irvin Rd. Fort Worth, TX 76107 For financial help call: 817-702-1001

#### Mercy Clinic - Medical, Dental

Follows federal poverty guidelines at or below 200%. Must be age 18 or older, without health insurance, and live in ZIP codes 76110 and 76104. Bring proof of income and residency.

**Adults:** No fee for services. New patient exams, X-rays, extractions, root canals and fillings only.



817-840-3501, option 2 775 W. Bowie St. Fort Worth, TX 76110

#### Salt and Light Dental Clinic -First Presbyterian Church Community Crossroads

Tarrant county residents only. **Adults 18 or older.** Services include free cleanings, extractions, fillings and X-rays. Call for appointment.



817-921-3955 1516 Hemphill St. Fort Worth, TX 76104

## **Clinic accepts:**









#### **Grand Prairie**

#### Concorde Career College Dental Hygiene Program

No proof of residency or income required. Services include fee for X-rays, dental exam and necessary dental cleaning. No charge for veterans with appropriate identification.

Adults 19+: \$25 for cleaning. Children ages 3-18: \$10.



469-348-2553 3015 W. I-20

Grand Prairie, TX 75052

#### Hurst

#### Tarrant County College Dental Hygiene Program

Children age 5+ and adults. No new patients taken during the summer. \$10 fee for services.



817-515-6641 828 W. Harwood Rd. Hurst, TX 76054

#### **McKinney**

## Dental Hygiene Center – Collin County Community College

All prospective patients must undergo an in-person initial screening appointment. Offers screenings (free), cleanings and sealants.

Adults and children 13+: \$20 for cleaning. Children: \$10 for cleaning, other fees vary.



972-548-6537 2200 W. University Dr., #A119 McKinney, TX 75071

#### **Family Health Center on Virginia**

Accepts Medicaid, CHIP, and most insurances. Sliding fee available based on family size and income, regardless of insurance status.



214-618-5600 1620 W. Virginia St. McKinney, TX 75069

#### **Sherman**

#### **Four Rivers Dental**

Must live in Grayson County. Potential applicants must be age 18 and older without health insurance. Offers X-rays, fillings, and simple extractions. Call for appointment.



903-870-4000 210 S. Rusk St. Sherman, TX 75090



# Additional resources

More resources for finding a dentist, financial assistance or help for uninsured families.



#### **Fort Worth District Dental Society**

Visit website and use "Find a Dentist" to locate dentists in your ZIP code.



817-263-7176 4528 W. Vickery Blvd., Ste. 101 Fort Worth, TX 76107 fwdds.org

#### Gill Children's Services Inc.

Provides last resort financial assistance for children ages 0-18 with unmet needs by other agencies. Must live in Tarrant County.



817-332-5070 555 Hemphill St., Suite 200 Fort Worth, TX 76104 gillchildrens.org

## Statewide resources

#### 2-1-1

Dial 2-1-1 or 877-541-7905 to find information on resources in your community, no matter where you live.



877-541-7905 211texas.org

## American Academy of Pediatric Dentistry

Visit website and use "Find a Dentist" to locate dentists in your ZIP code.



aapd.org

#### Children's Medicaid and CHIP

Medicaid and the Children's Health Insurance Program (CHIP) provide medical and/or dental coverage for low-income children, families, seniors and people with disabilities.



yourtexasbenefits.com

#### Children with Special Healthcare Needs (CSHCN) Services Program

Provides last resort financial assistance for children under 21 with special health care needs.



877-888-2350 512-776-7355

#### **DentaQuest Government Program**

Provides Medicaid and CHIP dental referrals for children.



1-800-516-0165 (Medicaid) 1-800-508-6775 (CHIP) dentaquest.com/texas

#### **MCNA Dental Government Program**

Provides Medicaid and CHIP dental referrals for children.



1-855-691-6262 Email: thsteps@hhsc.state.tx.us mcnatx.net

## Masonic Children and Family Services of Texas

Provides information, referral and/or funding for needy and qualified children or families living in Texas.



1240 Keller Pkwy, Ste. 200 Keller, TX 76248 masonichometx.org

#### STAR/STAR Kids

Medicaid managed care program that assists members in choosing a medical and/or dental health care plan and provider.

**STAR** serves children and pregnant women. **STAR Kids** serves children and adults 20 and younger who have disabilities.





1-800-964-2777

#### **Texas Health Steps**

Provides resources for finding a dentist, schedules appointments and transportation assistance and provides information on Medicaid medical, dental and case management benefits.



1-877-847-8377

Email: thsteps@hhsc.state.tx.us yourtexasbenefits.com

#### Una Voz Para La Salud (Call for Health)

A national, toll-free, bilingual health information and referral service program for agricultural workers and their families accessing health services or referrals to resources to address Social Determinants of Health (SDOH).



1-800-377-9968 WhatsApp: 1-737-414-5121

Email: salud@ncfh.org

## United Healthcare Children's Dental Plan

Provides Medicaid and CHIP Dental referrals for children.



1-877-901-7321 or TTY 711 for the hearing impaired uhc.com/dentaltx

For more information, email us at oralhealth@cookchildrens.org or <u>visit hea</u>lthysmilesforkids.org.



Scan QR code.



