

# July events

## Las Vegas Trail Neighborhood Health Center

Sign up for activities across our community. There's something for everyone!



### Wednesday, July 1

1:30-3:30 p.m.

The Parenting Center  
Teen Program – Summer Series

1:30-3:30 p.m.

Cooking Kitchen | Cook Children's  
Summer Series

Location: LVT NHC 2800 S Cherry Ln

### Thursday, July 2

1:30-2:30 p.m.

Cook Children's  
Kids Yoga while Parents / Caregivers  
Take part in Gardening and 5210 classes

Healthy Lifestyles  
Center for Community Health

Location: LVT NHC 2800 S Cherry Ln

### Saturday, July 4 Independence Day

Happy 4<sup>th</sup> of July!  
Celebrating 250<sup>th</sup> Anniversary  
Family-friendly event

Location: Fort Worth's Fourth  
Panther Island Pavilion

### Monday, July 6

10-11:30 a.m.

(English/Spanish)

Hope Cottage  
"What You Do Matters"

Parents as Teachers Series: Parents receive a  
certificate after completing all six sessions.

Location: LVT NHC 2800 S Cherry Ln

### Tuesday, July 7

1:30-3:30 p.m.

The Parenting Center  
Teen Program – Summer Series

Classes and resources for teens, including  
guest speakers on a variety of hot topics!

Location: LVT NHC 2800 S Cherry Ln

### Wednesday, July 8

9-11 a.m.

(English/Spanish)

Car Seat Check event

1:30-3:30 p.m.

The Parenting Center  
Teen Program – Summer Series

1:30-3:30 p.m.

Cooking Kitchen | Cook Children's  
Summer Series

Location: LVT NHC 2800 S Cherry Ln

### Thursday, July 9

1:30-2:30 p.m.

Cook Children's  
Kids Yoga while Parents / Caregivers  
Take part in Gardening and 5210 classes

Location: LVT NHC 2800 S Cherry Ln

### Monday, July 13

10-11:30 a.m.

(English/Spanish)

Hope Cottage  
"What You Do Matters"

Parents as Teachers Series: Parents receive a  
certificate after completing all six sessions.

Location: LVT NHC 2800 S Cherry Ln

### Tuesday, July 14

1:30-3:30 p.m.

The Parenting Center  
Teen Program – Summer Series

Classes for teens, including guest speakers.

Location: LVT NHC 2800 S Cherry Ln

### Wednesday, July 15

1:30-3:30 p.m.

Cooking Kitchen | Cook Children's  
Summer Series

Location: LVT NHC 2800 S Cherry Ln

### Thursday, July 16

1:30-2:30 p.m.

Cook Children's  
Kids Yoga while Parents / Caregivers  
Take part in Gardening and 5210 classes

Healthy Lifestyles  
Center for Community Health

Location: LVT NHC 2800 S Cherry Ln

### Monday, July 20

10-11:30 a.m.

(English/Spanish)

Hope Cottage  
"What You Do Matters"

Parents as Teachers Series: Parents receive a  
certificate after completing all six sessions.

Location: LVT NHC 2800 S Cherry Ln

### Tuesday, July 21

1:30-3:30 p.m.

The Parenting Center  
Teen Program – Summer Series

Location: LVT NHC 2800 S Cherry Ln



# Sign up for activities across our community. There's something for everyone!

## Wednesday, July 22

1:30-3:30 p.m.

The Parenting Center  
Teen Program – Summer Series

Classes and resources for teens, including guest speakers on a variety of hot topics!

1:30-3:30 p.m.

Cooking Kitchen | Cook Children's  
Summer Series

Location: LVT NHC 2800 S Cherry Ln

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## Thursday, July 23

1:30-2:30 p.m.

Cook Children's  
Kids Yoga while Parents / Caregivers  
Take part in Gardening & 5210 classes

Healthy Lifestyles  
Center for Community Health

Location: LVT NHC 2800 S Cherry Ln

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## July 22–24

(Wednesday–Friday)

1:30-2:30 p.m.

Legacy Leadership  
The Bridge Program  
Student transition plan from Elementary  
School to Middle School

Location: (Wed/Thurs)  
LVTRise 8201 Calmont Ave

Location: (Friday)  
LVT NHC 2800 S Cherry Ln

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## Monday, July 27

10-11:30 a.m. (English/Spanish)

Hope Cottage  
"What You Do Matters"

Parents as Teachers Series: Parents receive a  
certificate after completing all six sessions

Location: LVT NHC 2800 S Cherry Ln

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## Tuesday, July 28

1:30-3:30 p.m.

The Parenting Center  
Teen Program – Summer Series

Classes and resources for teens, including guest speakers on a variety of hot topics!

Location: LVT NHC 2800 S Cherry Ln

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## Wednesday, July 29

1:30-3:30 p.m.

The Parenting Center  
Teen Program – Summer Series

Classes and resources for teens, including guest speakers on a variety of hot topics!

1:30-3:30 p.m.

Cooking Kitchen | Cook Children's  
Summer Series

Location: LVT NHC 2800 S Cherry Ln

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## Thursday, July 30

1:30-2:30 p.m.

Cook Children's  
Kids Yoga while Parents / Caregivers  
Take part in Gardening & 5210 classes

Healthy Lifestyles  
Center for Community Health

Location: LVT NHC 2800 S Cherry Ln

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## August

Keep checking the QR code for updated  
community programs and Back to School  
events!

Location: LVT NHC 2800 S Cherry Ln

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## Additional LVT locations:

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### June 9-July 31 (Tuesdays-Fridays)

11 a.m.-2 p.m.

Complete Game Outreach (CGO)  
Youth Development System  
Grades 6–12

Location: LVTRise 8201 Calmont Ave.

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### July 1–29 (Wednesdays)

11 a.m.-12 p.m.

Girls Inc  
Grades 2-12

Location: LVTRise 8201 Calmont Ave.

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### July 3–31 (Fridays)

3-5 p.m.

Art Station  
Ages 5 to 12

Location: LVTRise 8201 Calmont Ave.

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### July 7–11 (Tuesday-Saturday)

STEM Week Activities & Field Trip  
Grades 2-12

Location: LVTRise 8201 Calmont Ave.

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### July-August Bright Horizons Summer Camps

Details found through link in QR code

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