Upcoming events

Las Vegas Trail Neighborhood Health Center

Sign up for activities across our community. There's something for everyone!

October

October 12, 19, 26

- Spanish class: 10-11 a.m.
- English class: 11:30 a.m.-12:30 p.m.

Hope Cottage
Serving families of 0 to 3-year-olds
Resources: diapers, safety items, books, etc.

October 6, 7, 13, 14, 20, 21, 27, 28

9 a.m.-3 p.m.

CHAMP
Tues/Wed: Mental health consults for all ages

October 21, 27, 28

1-2:30 p.m.

Cooking class
Limited space. Register in advance with QR code.

Wednesday, October 14

9-11 a.m.

Car Seat Check event
Schedule an appointment for each child.

Saturday, October 17

11 a.m.-12 p.m.

ZUMBA (all levels welcome)
& Fruit Smoothie Demo
Outdoor Zumba class. All are welcome!

Friday, October 23

4-7 p.m.

LVT NHC Trunk or Treat
Community connections, food, candy, costumes, face painting, DJ and pumpkin patch

November

November 2, 9, 16, 23, 30

- Spanish class: 10-11 a.m.
- English class: 11:30 a.m.-12:30 p.m.

Hope Cottage
Serving families of 0 to 3-year-olds
Resources: diapers, safety items, books, etc.

November 3, 4, 10, 11, 17, 18

9 a.m.-3 p.m.

CHAMP
Tues/Wed: Mental health consults for all ages

November 3, 4, 10, 11, 17

1-2:30 p.m.

Cooking class
Limited space. Register in advance with QR code.

Thursday, November 5

12-1:30 p.m.

LVT Community Meal
Enjoy a free meal with neighbors while learning about resources available to residents.

Wednesday, November 11

9-11 a.m.

Car Seat Check event
Schedule an appointment for each child.

Saturday, November 14

11 a.m.-12 p.m.
ZUMBA (all levels welcome)
Outdoor Zumba class. All are welcome!

1-3 p.m.
GOBBLE & GO event
Free Thanksgiving dinner drive through event. All are welcome while supplies last!

December

December 1, 9, 19

Check times for each event while registering.

Cooking class
Limited space. Register in advance with QR code.

December 1, 2, 8, 9, 15, 16

9 a.m.-3 p.m.

CHAMP
Tues/Wed: Mental health consults for all ages

December 1

English/Spanish: 4-5 p.m.

Managing Your Child's Asthma
Led by Cook Children's. Dinner provided.

December 7, 14

- Spanish class: 10-11 a.m.
- English class: 11:30 a.m.-12:30 p.m.

Hope Cottage
Serving families of 0 to 3-year-olds
Resources: diapers, safety items, books, etc.

Saturday, December 5

11 a.m.-12 p.m.

ZUMBA (all levels welcome)
& Fruit Smoothie Demo
Outdoor Zumba class. All are welcome!

Wednesday, December 9

9-11 a.m.

Car Seat Check event
Schedule an appointment for each child.

Friday, December 11

4-7 p.m.

LVT NHC Winter Wonderland
Family fun, holiday games, food, crafts and pictures with Santa!

All events held at LVT Neighborhood Health Center, 2800 S Cherry Lane, Fort Worth 76116

CookChildren's. JPS Health Network Fort Worth, Texas FORT WORTH. WestAid LVTRISE