

## Mental health

2024 Community Health Needs Assessment County-level snapshot by health topic

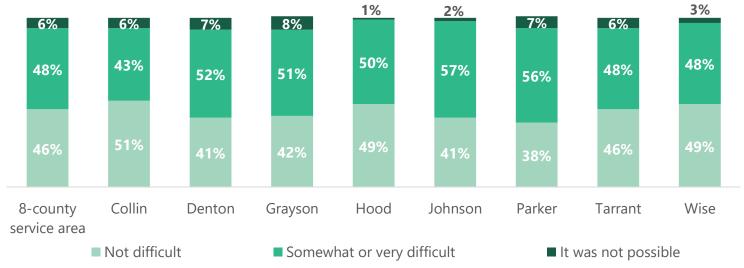
From parents and caregivers of children ages 6-17:

**Key indicator:** Children with at least one commonly diagnosed mental health condition (anxiety, depression, ADHD, and/or behavioral/conduct problems).



8-county service area	Collin	Denton	Grayson	Hood	Johnson	Parker	Tarrant	Wise
29%	27%	25%	28%	36%	35%	29%	31%	28%

**Access to care:** Children with caregivers who reported how difficult it was to get needed mental health treatment or counseling.



**Ask about concerns:** Children with caregivers who reported a doctor, other healthcare provider or educator asked about concerns with the child's mental health.

8-county service area	Collin	Denton	Grayson	Hood	Johnson	Parker	Tarrant	Wise
35%	42%	29%	30%	36%	36%	29%	33%	31%

**Missed school**: Children who have missed one or more days of school due to mental or emotional concerns during the past year.

8-county service area	Collin	Denton	Grayson	Hood	Johnson	Parker	Tarrant	Wise
19%	21%	17%	21%	23%	24%	16%	18%	15%

Data analysis prepared by Child Health Evaluation within the Cook Children's Center for Community Health, September 2025. Our 2024 Community Health Needs Assessment (CHNA) Parent/Caregiver Survey is an annual survey given to parents/caregivers with children (ages 0-17) within Collin, Denton, Grayson, Hood, Johnson, Parker, Tarrant and Wise counties. The weighted results from 6,877 parents/caregivers provide a representative assessment of parent perception and health characteristics of children across the eight-county region. Survey responses above are from caregivers of children across our service area, not only Cook Children's patients from 2022-2024. (US CENSUS 2022, American Community Survey 5-Year Estimates: 1,181,589 for child population). Learn more at cookchildrenscommunity.org or contact CHNAFeedback@cookchildrens.org.