

Healthy lifestyles

2024 Community Health Needs Assessment County-level snapshot by health topic

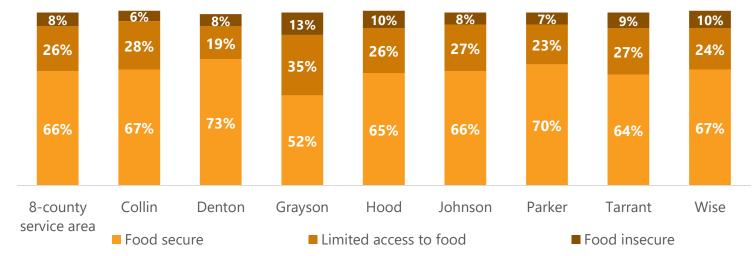
From parents and caregivers of children ages 0-17:

Key indicator: Children without normal Body Mass Index (BMI)-for-age (ages 10-17).*



8-county service area	Collin	Denton	Grayson	Hood	Johnson	Parker	Tarrant	Wise
38%	38%	34%	42%	48%	40%	37%	39%	33%

Food security: Household's ability to afford the food they need during the past year.



Neighborhood: Children with caregivers who reported they have the following assets in their neighborhood.

	8-county service area	Collin	Denton	Grayson	Hood	Johnson	Parker	Tarrant	Wise
Park or playground	83%	86%	86%	72%	77%	62%	58%	84%	57%
Recreation center, community center or Boys & Girls Club	61%	64%	65%	57%	61%	47%	30%	63%	38%
Stores that sell fresh fruits and vegetables	88%	88%	84%	77%	84%	82%	76%	91%	84%

^{*}Includes children with an underweight, overweight or obese BMI-for-age category based on CDC BMI categories. Data analysis prepared by Child Health Evaluation within the Cook Children's Center for Community Health, September 2025. Our 2024 Community Health Needs Assessment (CHNA) Parent/Caregiver Survey is an annual survey given to parents/caregivers with children (ages 0-17) within Collin, Denton, Grayson, Hood, Johnson, Parker, Tarrant and Wise counties. The weighted results from 6,877 parents/caregivers provide a representative assessment of parent perception and health characteristics of children across the eight-county region. Survey responses above are from caregivers of children across our service area, not only Cook Children's patients from 2022-2024. (US CENSUS 2022, American Community Survey 5-Year Estimates: 1,181,589 for child population). Learn more at cookchildrens.org.