

2024

COMMUNITY HEALTH NEEDS ASSESSMENT



Eight-County Service Area

From parents and caregivers of children ages 0-17



981,100 children (84%)

have 'excellent' or 'very good' health.



932,200 children (81%)

live with caregivers who report having a source of emotional support with parenting.



1,029,000 children (88%)

were covered by some type of health insurance or health plan all year prior to completing the survey.



390,100 children (34%)

were living in households that 'sometimes' or 'often' could not afford enough to eat.



"We struggle sometimes and have to use food banks. We also have to budget daily meals. I was denied for food stamps at this time due to increase in income for household."

—Family/caregiver interview

Many children went without necessary care:



141,200 children (12%)

were not able to receive needed medical care (ages 0–17).



139,600 children (12%)

were not able to receive needed dental care (ages 1–17).



79,900 children (7%)

were not able to receive needed mental health care (ages 6–17).



From parents and caregivers of children ages 0-17

Accidental injury



233,300 children (20%) received emergency care for accidental injury in the past year.

Caregiver support



717,400 children (18%) with two or more adverse childhood experiences in the past year.*

Asthma



104,500 children (9%) have been diagnosed with asthma.

From parents and caregivers of school-age children

Education



591,400 children (74%) missed school due to physical illness.

Mental health



237,000 children (29%) were diagnosed with at least one mental health condition.

Healthy lifestyles



207,600 children (38%) do not have a healthy body weight (ages 10–17).

Most needed health services

From caregivers:

- 1. Preventive health care
- 2. Treatment for short-term illnesses
- 3. Immunizations

From leaders:

- 1. Mental health care or counseling
- 2. Wellness opportunities
- 3. Preventive dental care

Data dashboard



*Adverse Childhood Experiences are traumatic events that happen to children and are linked with changes in brain regulation cause by chronic stress. Data analysis prepared by Child Health Evaluation within the Cook Children's Center for Community Health, March 2025. Our 2024 Community Health Needs Assessment (CHNA) Parent/Caregiver Survey is an annual survey given to parents/caregivers with children (ages 0-17) within Collin, Denton, Grayson, Hood, Johnson, Parker, Tarrant and Wise counties. The weighted results from 6,877 parents/caregivers provide a representative assessment of parent perception and health characteristics of children across the eight-county region. Survey responses above are from caregivers of children across our service area, not only Cook Children's patients from 2022-2024. (US CENSUS 2022, American Community Survey 5-Year Estimates: 1,181,589 for child population). Learn more at cookchildrenscommunity.org or contact CHNAFeedback@cookchildrens.org.